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FOR IMMEDIATE RELEASE

La Leche League announces 2004 Main Line meetings for babies and toddlers

Whether nursing a baby for six days, six weeks or six months, mothers will find La Leche League meetings supportive and informative. La Leche League is a world-wide, non-profit organization providing mother-to-mother support of breastfeeding. Nursing mothers in the Main Line area can choose from two series of meetings, structured for mothers of babies and mothers of toddlers.

General series meetings, geared toward expectant mothers and mothers with nursing babies, are held by the Main Line Morning Group at 10 a.m. on the first Thursday of each month at Everybody's Chiropractic Center, 115 E. Township Line Road, Upper Darby/Havertown (near Llanerch Diner and West Chester Pike).

The current six-month Series Meeting schedule features:

Jan. 8: Is this Normal?

Feb. 5: Nutrition for everyone

March 4: Why Breastfeed?

April 1: Nursing and the Family

May 6: Questions Mothers Ask

June 3: Loving Guidance

Merion Toddler Group meetings, for mothers nursing beyond a year, are held the third Thursday of every other month at 10 a.m. in a member's home in Merion.

The current six-month Toddler Meeting schedule features:

Jan. 22: Toddlers and Siblings

March 18: Toddler Choices and Challenges

May 20: Still Nursing?

Meetings are free and children are welcome to attend.

For directions to meetings or additional information about La Leche League in the Main Line area, contact one of the accredited La Leche League Leaders: Stacey (610) 667-9997, Lisa (610) 789-7554, or Emily (610) 658-2638. For complete details about La Leche League International, including links to chapters around the globe, see www.lalecheleague.org.

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